



# Zambia Lusaka Mission

## NEWS

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Dear Elders and Sisters,

As you have heard or soon will in our current round of zone conferences, we are taking important steps to insure we are serving in a manner that is consistent with the best practices of missionary service and those practices the Brethren have advocated. This direction for the mission will have us tracting less and relying more completely on working with those most likely to assist us in finding the sincerest and most prepared investigators. President Monson put it this way, “Involve the membership of the Church... There is just no substitute for a member-oriented proselyting program. Tracting will not substitute for it. Golden questions will not substitute for it. A member-oriented program is the key to success. It works wherever we try it.”

As your mission president, I will be honest with you, working with members requires creativity and planning. It requires we set a course to learn how best to work with these faithful Saints and inspire them to want to help. This skill set does not fully exist among all our missionaries and we will each need to devote ourselves to learning what it will take to work successfully with members.

President Eyring counsels, “First, don’t nag. You will not help the members by reminding them of their duties. Guilt doesn’t move people very well to offer referrals or to love the new members. Second, don’t beg. More than a few missionaries have come to my home to plead for referrals. In too many cases they sounded like insurance agents (a very unflattering comparison) desperate for sales leads. You can build in your missionaries something else: a love of the gospel and of the people. “

Let us start with this counsel to show our love of the gospel and of the people first and then learn the skills of inspiring members to want to engage in the work with you. We must seek to build the faith of the members by: teaching them a powerful gospel message, strengthening their understanding of the doctrines, asking them who would be interested in and benefit from our message? Inviting them to pray for missionary opportunities. And, provide them with opportunities to exercise their faith by acting.

Those most likely to give you referrals will be: part-member families, less-active families, recent converts, current investigator, former investigators, young single adults, young men and young women and returned missionaries.

Continue your work with less-active members. Visit their homes and become friends in the gospel. Re-teach them the lessons. Teach them how to pray and invite them to pray. Teach them to read with Book of Mormon and invite them to read it. Invite them to return to church. Invite them to progress by keeping the commandments and serving in the church. And lastly, coordinate all your activities with the members of the ward or branch council.

If you will do this you will minimize the amount of tracting you do as you will be productively engaged in the best methods of doing missionary work. If you do not build your abilities to work with members, you will default to the only activity left for you to do and still be a missionary-tracting.

God bless you all as you grow to be the best missionaries in the world. It is right there for you and you have the Lord’s love and patience as you set your mind to improving.

With my warmest affections,  
President Erickson

Dear Sisters and Elders of the Great Zambia Lusaka Mission!

We are told that the Lord tries those that he loves.

My people must be tried in all things, that they may be prepared to receive the glory that I have for them, even the glory of Zion, and he that will not bear chastisement is not worthy of my kingdom. D&C 136:31

But blessed are they who are faithful and endure, whether in life or in death, for they shall inherit eternal life. D&C 50:5

If you’re not having challenges, you are missing an opportunity for growth.

For after much [tribulation](#) come the [blessings](#). Wherefore the day cometh that ye shall be [crowned](#) with much [glory](#); the hour is not yet, but is nigh at hand. D&C 58:4

I am so grateful for the opportunity from the Lord to endure. It is in this “enduring” time that I am becoming a better person. I have seen this with missionaries as well. President and I are so impressed with the way you are enduring the stresses and hurdles of mission life. I love it when I see you elders and sisters “self correct” with the prompting and guidance from the Spirit.

Elder Kibirango shared this quote in Lusaka zone conference: “Endurance is the physical, mental and spiritual stamina measured by your ability to withstand fatigue, stress and hardship.”

I pray we all together can endure well. Taking the time for moments of gratitude and joy. Thank you for being examples of faithful and obedient missionaries.

Love  
Sister Erickson

### Notice for ALL driving Companionships

There are a few things that I would like every driving companionship to be aware of:

1. For those of you with Fuel cards (Lusaka and Copperbelt drivers), we have a new policy whenever you use your fuel card that you text the Office Elders the remaining balance of the card so we can stay up to date on the current balances of each card. We can then top them up on time.
2. Make sure that you keep track of the fuel expenses and amounts on the Daily Vehicle Report in the spaces provided
3. Remember that I need the Daily Vehicle Report for the previous month at the start of each month. For those in Lusaka, you can drop it off at the Mission Office. For those in the Copperbelt and Malawi, give the report to the senior missionary couple near you and have them scan it to us. Or you can scan it to us yourself.

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# HAPPY BIRTHDAY!

- 1 President Erickson
- 6 Elder Cunningham
- 16 Elder Zhuwankinyu
- 18 Sister Owusu-Afriyie
- 23 Sister Groesbeck

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We become what we want to be by consistently being what we want to become each day.

Richard G. Scott



A wonderful quote from Elder Scott who passed away recently after serving as an Apostle of Jesus Christ for 27 years. "Elder Scott was able, very successfully, to keep his eye on eternity," said Elder D. Todd Christofferson of the Quorum of the Twelve Apostles. "His messages were filled with hope. And he was unapologetic about repentance and the Atonement because he knew that's where hope came from, or what one could hope for as a consequence of true, full repentance and the effect of the Atonement, the grace of Jesus Christ, in one's life," He certainly became what he was because he was what he wanted to become every day. We can all do the same.

## HEALTH CORNER

REMINDER: Please take the doxycycline with a full glass of water and food. DO NOT take it within 30 minutes of lying down! This will greatly reduce any side effects of the medication.

## Note from the Office

Elders and Sisters

You are, no doubt, very grateful to have fresh water via the water dispenser in each of your flats. However, they will burn out and stop cooling the water if the unit is left on when the bottle is empty. So PLEASE, remember to unplug the unit from behind if you don't have a bottle to replace the empty one. We want to keep the cold water flowing! Thank you!

### First Safety Concern

Those who drive vehicles, when parking either at your flat or in public, please, where possible, fold the outside mirrors in. This decreases the possibility of the mirror being stolen. Thanks!

### Second Safety Concern

All flat outside gate doors should have padlocks on them. If you don't have one, please let the mission office know and one will be provided.

## A BIG ZAMBIAN Welcome!!



Elder Duncan  
Elder Chawaguta,  
Elder Alexander  
Elder Majekodunmi  
Sister Mukweya  
Sister Mulomba  
Elder Wyman  
Elder Salyards  
Elder Scatena  
Elder and Sister Hull

Farewell and best wishes to Elder Barton, Elder Ouma, Elder Doig, Elder Draycott, Elder Allred, Sister Njirayafa and Sister Mbele, and to Elder Dlamini



## More Health Corner

Summer is on the way. You have noticed warmer days, maybe have done some sweating already. HEAT EXHAUSTION is a heat related illness, caused by exposure to high temperatures, often accompanied by dehydration. What might you see in yourself or companion?

Excessive thirst, Weakness, Headache, Nausea and Vomiting, Cramping of Muscles or Abdomen and Dizziness

Though not as serious as Heat Stroke, prevention is very important. So, how do I do that?

Wear lightweight clothing and light colors, keeping with Missionary attire.

Wide brimmed hat, sun screen SPF 30 or greater

Drink extra fluids: water, fruit juice, Gatorade/Sport Drink (electrolyte rich)

\*\* Formula to make your own \*\*

¼ cup sugar, ¼ teaspoon sea salt, 1 tablespoon lemon juice, per liter of water. Shake well, cool and drink. \*Can substitute half of the water with orange juice if desired.

Avoid caffeine drinks which tend to dehydrate you even more. Ex: Coke, Dr Pepper, Mountain Dew, etc.

If you suspect Heat Exhaustion, get into the shade, or air conditioned room, (if available) Cool the body temperature down, loosen clothing, use fans, ice, fluids, cool shower or bath, if at your flat. In a pinch douse your companion with water, clothes and all. Not very Missionary, but it sure can be life saving. But please, no water fights on the street and then blame it on Elder Birrell.

The GREAT COPPERBELT ZONE



The GREAT LUSAKA ZONE



Baptisms



COME LISTEN TO A PROPHET'S VOICE Follow the Prophet **watchmen on the tower** WE THANK THEE O GOD FOR A PROPHET PROPHET SEER REVELATOR The Voice of the Lord Unto Men GOD BLESS OUR PROPHET DEAR Thomas Spencer Monson Give heed to their words **President of the Church** SPEAKS FOR THE LORD IN EVERYTHING HOLDER OF ALL PRIESTHOOD KEYS

We encourage everyone to fully enjoy the opportunity to listen to onference later this month! We are truly led by a living prophet of God! Let's listen to and heed his words!

Want to see yourself in the baptisms section of the monthly newsletter? Email us your pictures at the office at [1461788@ldschurch.org](mailto:1461788@ldschurch.org)

Happy Birthday, President Erickson



Preach the gospel to every creature.....

