



Zambia Lusaka Mission

NEWS

MAY 2016

Vol. 5 – Issue 5



Dear Elders and Sisters,

I have been going over in my mind again the training the Missionary Executive Council provided us in January this year. In particular, my thoughts have been turned to our calling to teach repentance.

The Doctrine of Christ as described in 2 Nephi 31 and which makes up the bulk of our purpose, places great emphasis on the principle of repentance. I think it would be accurate to say that repentance relies upon there being a “true” Christ. It is only through the power and mercy of a true Savior or Christ that one can find forgiveness and achieve the desired outcome of being forgiven. Repentance is the process of accessing the mercy and blessings of the Savior and His Atonement. This may be a big part of the reason these collective concepts are referred to as the Doctrine of Christ.

I have often found I see important concepts more clearly if I contrast them with possible alternatives or opposites. In the latter days, we are warned to beware of false teachers and teachings and even christ's. As such, we should be aware that there are competing ideas to Christ being promoted or vainly sought. I doubt that many are following some individual who promotes himself as a christ or savior, but are there other types of thinking that even we may vainly rely upon, that in effect, we hold up in the place of the True Jesus Christ?

A few of examples might open some new thinking on this subject: 1) Many of us and most of humanity has at one time or another thought that if we can do more good in this life than bad we can tip the scales of justice in our favor and we will be saved. Similarly, we may think we have to do it ourselves and vainly believe redemption comes primarily from our own efforts. 2) There may have been times when we naively set our sights on someone who we think of in a respectful way and

thought, if I can be like him or her, or even more, if I can be better than them, I will certainly be okay in the end. 3) Perhaps we think if we can obtain wealth, power or even piety we will show ourselves to be on the favorable side of justice and we will be okay.

No Elders and Sisters, we will not be okay. No unclean thing can enter the Kingdom of Heaven. Just as in the case when Adam and Eve were thrust out of an earthy Kingdom of God for the relatively small transgression of partaking of certain fruit, we too will be outside the Kingdom without the One True Savior, Jesus Christ.

Once again, repentance is the means of accessing the blessings of a Savior. Imagine how wonderful it is to be able to guide our brothers and sisters to this blessing as we profess this same Savior has a restored gospel and Church they can belong to.

May you find joy in teaching repentance is my great desire for you this day.

With loving regards, **President Erickson**

Elders and Sisters of the Great Zambia Lusaka Mission,

“Nothing in this world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The slogan Press On! has solved and always will solve the problems of the human race.” Calvin Coolidge

PMG states that...Diligence is steady, consistent, earnest and energetic effort.

The Lord instructs that it is by small and simple things that great things are brought to pass. D&C

1:23 "That the fullness of my gospel might be proclaimed by the weak and the simple."

I am inspired and motivated by the persistence, determination and diligence that I see in you, our missionaries. Many of you have overcome huge challenges to be on a mission. Some of you have faced very real fears and opposition before you came and while on your mission. All of you have made the decision to come and to serve. Your determination to move forward, upward and onward is commendable.

President and I love to hike mountains together. At the beginning of a hike I am always in awe at the size of a mountain and I wonder if I can really make it to the top. Thankfully I know from experience that if I choose the correct trail and just put one foot in front of the other, step after step, the trail I follow will take me to the top. Hiking takes a lot of effort and is not without risks and challenges but oh the rewards of reaching the summit.

When I first arrived in Zambia 34 months ago I had some moments of awe and wondered if I could climb this kind of mountain. The Lord has graciously assisted me the whole way as I have persisted to do His will and determined to rise each morning as Alma counsels with a heart full of thanks unto God. I have seen you do the same and at times when I was weak, you lifted me. I hope that I have helped lift you when you have needed it.

May we all determine to press on! to push along! One step and one day at a time. I hear that the rewards are heavenly ☺

With much love, **Sister Erickson**

HAPPY BIRTHDAY

- 3 May Elder Maele
- 6 May Elder Tippets
- 8 May Elder Malinga
- 14 May Elder Mabe
- 28 May Elder Sagers
- 30 May Elder Chawaguta
- 31 May Elder Collins

A BIG ZAMBIAN Welcome



We give a big Zambian welcome to Sister Sariah Brown from Utah. She is serving in the Copperbelt.

Farewell and Best Wishes



Goodbye to Sister Nyachwo and Elder Rugumayo who are both returning to Uganda. Thanks for your years of service!

Baptisms





Want to see yourself in the baptisms section of the monthly newsletter? Email us your pictures at the office at 1461788@ldschurch.org

REMINDER

Vehicle Preventive Care Service Check

When you stop for fuel: Check the oil level, washer fluid and tire pressure (35 PSI on cold tires)

Weekly: Wash the vehicle and check the operation of all exterior lamps, including brakes, turn signals, head lamps, back-up lights and hazard warning flashers.

Monthly: Check the radiator coolant, power steering fluid and brake fluid. Check for worn wiper blades and tires.

Medical Corner

If your area has been experiencing water problems recently, like in Lilongwe, Malawi, it is time to take note and to be prepared. Some of the Missionaries have gone days without water from the tap. The question begs answering then, how



much water should we store for each Elder and Sister, for drinking, cooking, washing, and cleaning. Obviously the critical part is drinking, with hygiene and cooking next in line, and cleaning, while important less so.

The World Health Organization recommends for each adult 2.5-3 liters per person per day, for drinking. This water must be of the highest quality, and either filtered or store bought. The water for washing your hands, your body, dishes, clothing, etc should be of good quality, but does not need to be filtered, so, 2-6 liters per person per day for hygiene. If you have to, you can skip a bath for a few days, but NEVER fail to wash your hands after using the bathroom, or before fixing meals. You can also wash your body from a basin of water, to conserve, rather than a shower or tub bath.

Remember too, most flush toilets require 5-7 liters each time you pull that lever, so in times of water shortage, or lack of water services, only flush after doing #2. Don't flush for #1, except at the end of the day. Sure, the bathroom won't smell so sweet, but so what. Sometimes the tendency is to forget we are actually serving in 3rd World Counties. Zambia and Malawi are getting better, but problems can and do exist with public services, as you well know.

Store water for emergencies, which will come. Especially store drinking water for each missionary in your apartment. I recommend 3 days. Store it where you can find space. Under the bed, whatever. Don't be foolish enough to think that water will just miraculously appear, just because you call your ZL. Also keep the phone number for your utilities, power, water, etc, where you can find them easily, then call and see what's going on. You can make a call just as easily as your ZL or Senior Couple, to your local water board. Unless you don't care of course, then as Rudyard Kipling said "that Ma'am Sahib, is another story." Elder Birrell MMA

ANOTHER REMINDER

NOTE: Please use the following number to contact the Office Elders: 0976 729 104. Thank you!

RECIPE CORNER

Zucchini Bread - By Elder Slade

3 cups flour
2 cups sugar
1 tsp baking powder
1 tsp baking soda
1 tsp salt
3 Tbs. Cinnamon

3 eggs
1 cup oil
2 cups shredded zucchini
1 Tbs. Vanilla extract

Mix dry ingredients together. Then mix eggs, oil, zucchini and vanilla in a separate bowl. Slowly stir the dry ingredients into the zucchini mixture. Pour into 2 oiled bread pans. Bake 180 C until knife inserted in the middle comes out clean—about 45 min to 1 hour.

Tortillas (makes 6-8)

2 cups flour
½ tsp salt
¼ cup vegetable oil
1 tsp baking powder
½ cup warm water (up to ¾ cup) **OR**
½ cup milk (up to ¾ cup)

Mix flour, salt and baking powder in large bowl. Add oil and mix with fingers to combine. Add milk or water until a sticky ball forms. Cover and let rest for at least 30 minutes. Divide into 8-10 balls (small) or 6-8 balls (larger) and cover again.

Light dust a counter with flour and roll out the balls into ¼ " thick circles. Over high heat and in a dry skillet, cook tortillas for 30 seconds on each side or until the dough looks dry and slightly wrinkled with a few brown spots.

DON'T OVERCOOK! They will be hard and crumbly!

Serve with favorite toppings.

REQUEST

If you have a favorite recipe, please send it to Sister Groesbeck and she will feature it in the next newsletter! Or if you have something you would like to make and don't know how, send a request and we'll find someone who knows, or "ask google."

MLC

Last "in person" MLC for President and Sister Erickson! What a great group of missionary leaders. Thanks for your service!



