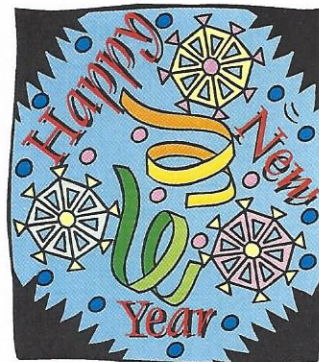


Zambia Lusaka Mission

NEWS JANUARY 2015 Vol. 4 - Issue 1



Dear Elders and Sisters,

We have enjoyed a fun filled and inspiring Christmas season and come to the time of the year, when we often make new year's resolutions. I expect this annual tradition comes from the desire to make our efforts more productive and to feel purpose and accomplishment going into a new season of life. It is refreshing to begin with a new vision and new hopes for the most meaningful aspects of our lives. I certainly feel the energy of this new year and I am eager to join with you with a refreshed outlook for this marvelous work.

As Christ began his mortal ministry, he went about teaching in the cities and synagogues of Palestine. As recorded in Matthew chapter 9, he went "preaching the gospel of the kingdom, and healing every sickness and every disease among the people." In verse 36 he notes the "multitudes" now following him, and "was moved with compassion on them." At this point he recognizes that he alone will not be able to continue to see all the people personally and face to face.

Verses 37 and 38 record, "Then saith he unto his disciples, The harvest truly is plenteous, but the labourers are few. Pray ye therefore the Lord of the harvest, that he will send forth labourers into his harvest". Immediately, in the following chapters, the Savior sends The Twelve without purse or script.

In this dispensation, prophets and apostles have in turn sent us. We few are the labourers He has sent into the harvest. In Matthew chapter 10, the Lord offers this crucial perspective on how he expects his disciples, us, to approach his work: "He that loveth father or mother more than me is not worthy of me... And he that taketh not his cross, and followeth after me, is not worthy of me."

I am convinced the Lord knew that following him was a "cross" to be taken up. He expects us to share in the brutal task of carrying our own cross, as it were. This work demands sacrifice and consecration at a level that, at times, will try us to our core and feel very much like a cross.

However, we are here, the missionaries of the Great Zambia Lusaka Mission and we can do this work. Occasionally, it is nice and even essential to be inspired and uplifted to meet the challenges of this demanding work. And ye, at other times, including perhaps at this time, we should be willing, and even eager to give a fullness of our heart, might, mind and strength, even without the Saviour spiritually prodding us. We should do it without reservations or conditions. We should simply be ready to jump in and do the heavy lifting that being a disciple of Christ requires. We should proudly and valiantly carry our cross, without complaint and with courage.

As we enter this new year, my prayer is that each of you would embrace this work and even carry your cross, as needed, that you may each find yourselves worthy of the great redeemer, even Jesus the Christ.

With my fondest regards - **President Erickson**



Sisters and Elders,

Spending time with you all at Christmas time was wonderful! President and I always look forward to seeing our missionaries. We are inspired by you and we learn from you. Our morning devotional discussion on the Sacrament really touched my heart as I listened to your comments and your insights.

Thank you for who you are and who you are becoming. Thank you to our wonderful senior missionaries who give so much of their time and talents to this mission and to the Lord's work.

As we enter a new year, I am sure you have many goals and many things you would like to change and do better. I certainly do. I offer two quotes from men of God that I love -

"It is selfishness which is the cause of most of our misery." Gordon B. Hinckley

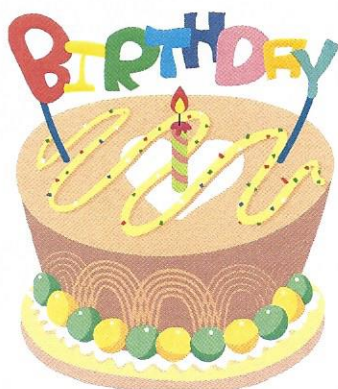
"The hardest work I will ever do is to put off selfishness." Neal A. Maxwell

I have noticed in my own life that when I am the happiest, I am thinking of and serving others and not myself. A mission is a consecrated time to focus on others and truly I believe that is why people come home from a mission and say "it was the best years of my life". No one ever says "it was the easiest years of my life". Things that are easy don't bring about the change and growth that our Father in Heaven has in mind for us. We are so proud of you all for staying the course and for putting your best unselfish efforts into your work as a unified companionship.

With all my love - **Sister Erickson**



- 3 Sister Orien
- 4 Elder Fisk
- 10 Elder Njeri
- 11 Elder Kampelya
- 20 Elder Parker
- Elder van Arsdale
- 21 Sister Merrill
- 25 Elder Cahill





BLANTYRE ZONE CONFERENCE



LILONGWE ZONE CONFERENCE

President Ezra Taft Benson said that "one of the greatest secrets of missionary work is work! There will be no homesickness, no worrying about families, for all your time and talents and interest will be centered on the work of the ministry. Work, work, work - there is no satisfactory substitute, especially in missionary work."

PHONE & TEXTING ETIQUETTE

When you answer your phone, please identify yourself - "Hello, this is Elder Jones" or "Good morning/afternoon, this is Sister Smith speaking". Also, when you text a senior missionary or President and Sister Erickson, please do not start your text with "Hey". It may feel awkward at first to be so polite and formal, but it is just plain good manners. For those of you who are already polite and well-mannered, thank you ☺.

SHEPHERD'S PIE – a family recipe from Sister Beal

1 Tbs. vegetable oil
 1 onion, chopped
 1 lb. mince (ground beef)
 Salt & pepper to taste
 ½ medium size cabbage, chopped or shredded
 3-4 large potatoes (or 5-7 small ones), peeled & cut into quarters
 2 Tbs. butter
 ½ - ¾ cups milk, preferably warmed
 ½ -1 cup shredded cheese (optional)
 Heat oven to 350 degrees F. (or 175 C.)
 Coat a 2 qt. size casserole dish with oil or non-stick spray.
 Heat oil in large skillet over medium heat. Cook onion in oil for 5 minutes, stirring frequently. Stir in ground beef & cook, stirring often for 5 minutes. Add ½ tsp. salt & pepper to taste. Transfer meat & onions mixture to prepared dish.
 Boil or steam cabbage for 3-5 minutes in salt water. Drain very well. Distribute over meat mixture.
 Boil potatoes until they are soft. Drain well. Mash potatoes with butter & warmed milk. Add salt & pepper to taste.
 Place fluffy potatoes on the cabbage & smooth over so that the cabbage is entirely covered.
 Bake for 20-30 minutes. Sprinkle cheese over potatoes during last 5-10 minutes of baking.
 You can make this dish ahead of time & just bake it when you are ready to eat.



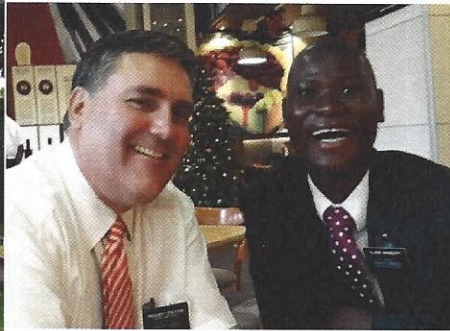
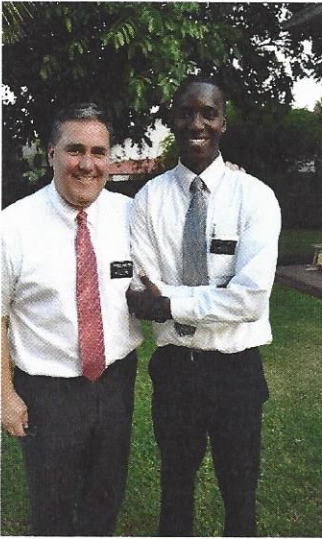
Filling & delicious!!



A new branch was organized in the Copperbelt in December. This is the Masala Branch of The Church of Jesus Christ of Latter-day Saints, the newest branch in the Zambia Lusaka Mission. What a happy day!!

WISE WORDS FROM ELDER RUSSELL M. BALLARD: "IT IS IMPOSSIBLE FOR US TO FAIL WHEN WE DO OUR BEST WHEN WE ARE ON THE LORD'S ERRAND."

FAREWELL AND OUR BEST WISHES TO THESE 6 AWESOME MISSIONARIES.

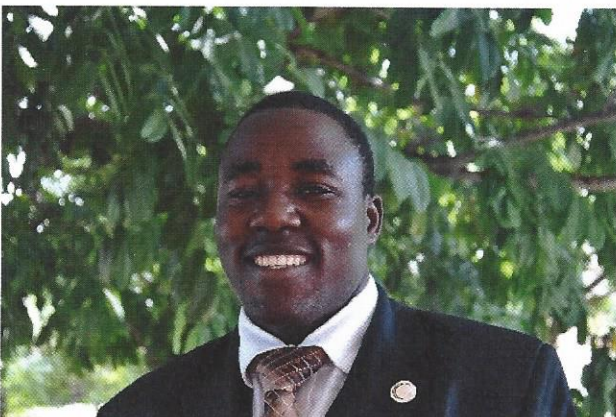


It is a sad day when missionaries leave to go home. Elder Packer returned to Uganda, as did Elder Wandera.

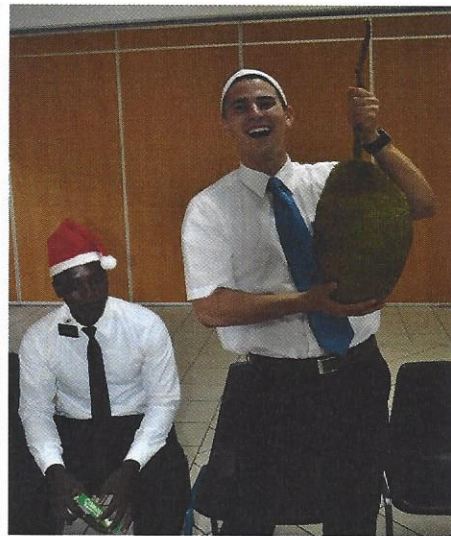


Sister Orr left for Canada, Elder Amison returned to the UK, Elder Hanson and Sister George left for the USA. We wish them well as they return to their families and adjust to "after-mission" life.

!!! WELCOME !!!



On a happy note, we welcome Elder Chathyoka to the Zambia Lusaka Mission. He has been serving in Durban, South Africa but due to visa issues, he is finishing up here in our mission. Elder Chathyoka is from Lilongwe, Malawi.



MERRY CHRISTMAS TO ELDER HILTBRAND - LOOKS LIKE HE GOT THE PRIZE!!

CHRISTMAS CELEBRATIONS IN MALAWI
(Elders Etiang, Owor, Mwambu)



LOOK AT THIS GREAT GROUP IN LUSAKA



DECEMBER BAPTISMS

<u>PERSON BAPTIZED</u>	<u>COMPANIONSHIP</u>	<u>BRANCH</u>
Ellah Ngwira	Elders Mwambu & Johnson	Blantyre 1 st
Tisungane Irene Ntonga	Elders Owor & Venter	Blantyre 1 st
Walani Alfred	Elders Johnson & Mwambu	Blantyre 1 st
Elizabeth Ng'ona	Sisters Makunye & Scott	Chainama
Merriam Nasilele	Sisters Makunye & Scott	Chainama
Mahango Selwa	Elders Njeri & Massey	Chainama
Kamwengo Lisa Masumba	Elders Njeri & Massey	Chainama
Robson Kunda Jr.	Elders Njeri & Massey	Chainama
Elias Baraka	Sisters Quaye & Orr	Kalambo
Diane Bautar	Elders Barton & Mothlaping	Kalambo
Lyson Bisai	Elders Barton & Mothlaping	Kalambo
Witwas Laston	Elders Barton & Mothlaping	Kalambo
Felida Kakhwagwa	Elders Rugumayo & Brewerton	Kalambo
Elube Kajawo	Elders Rugumayo & Brewerton	Kalambo
Kettie Sulamoyo	Elders Rugumayo & Brewerton	Kalambo
Jaqueline Ganeti	Elders Rugumayo & Brewerton	Kalambo
Mathias Mendullo	Elders Daniels & Hanson	Kalambo
Sabin Beninema	Elder & Sister Stones	Kalambo
Assoumpta Beninama	Elder & Sister Stones	Kalambo
Gift Mboneche	Elder Daniels & Mothlaping	Kalambo
Arramson Chimkonda	Elders Blanchard & Mabe	Kauma 1 st
Gift Chimikani	Elders Blanchard & Mabe	Kauma 1 st
Joseph Mhango	Elders Namisi & Barrett	Kitwe
Stephen Chishala	Elders Dettamanti & Kibiranga	Kitwe
Ruth Lisita	Elders Welling & Mukisa	Libala
Selina Moomba	Elders Welling & Mukisa	Libala
Noah Phiri	Elders Jorgensen & Allred	Lilanda
Frank Cholo	Elders Jorgensen & Allred	Lilanda
Mercy K. Mwanji	Elders Nakale & Ford	Lilanda
Zione N. Thomas	Sisters Muthengi & Falco	Lilongwe
Chimango Katenga-Kaunda	Elders Chola & Payne	Lilongwe
Roashean H. Katenga-Kaunda	Elders Chola & Payne	Lilongwe
Brian K. Banda	Elders Chola & Payne	Lilongwe
Innocent M'bwana	Elders Chola & Payne	Lilongwe
Christina Ngwanda Stanford	Elders Kampelya & Bennett	Lilongwe
Esinta Kalonga	Elders Hunter & Mohlakoana	Lilongwe
Andrew Soko	Elders Cahill & Tayembi	Luanshya
Brighton Sikwaza	Elders Parker & Shabalala	Lusaka
Azzion Sikutwa	Sisters Bulha & P. Dlamini	Lusaka
Alinafe Mkandawire	Sisters Proctor & Komaha	Ndirande
Mulenga Davies Lombe	Sisters Nxele & Ruth	Woodlands
Enita Tsoka	Sisters Komaha & Proctor	Zingwangwa
Janet Tsoka	Sisters Komaha & Proctor	Zingwangwa
Ethel N. Sawerengera	Sisters Komaha & Proctor	Zingwangwa