

# Zambia Lusaka Mission

## NEWS

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Dear Elders and Sisters,

We are coming off a period of time in our mission in which we have been learning much and growing in our understanding of what The Lord would have us do in our sacred callings. We have had zone conferences, Christmas devotionals, Mission Leadership Councils, mission tours and of course the regular flow of missionaries coming into and going out of the mission. During this time, we have felt the hand of the Lord guiding and directing us. We have learned the principles of conversion and been given the opportunity to assess our own strengths and weaknesses, and to be a bit introspective about who we are as a mission and as missionaries.

Many will find this time of self-examination is both motivating as well as intimidating. We might be excited by the enthusiasm of the work but also asking ourselves if we have the faith or stamina to do all that is expected of us. The Lord, through His prophets, has given us high standards and maintains high expectations of us all. It is to be expected that we each need to spend private time reconciling these expectations and seeking Our Father in Heaven's assistance, to strengthen our faith and our courage. This seeking assistance, I'm sure, is why they have high expectations; to refine us and show our dependence on them as we seek to do their work.

With all this going on it is important however, to open our minds to the bigger picture of the gospel and simply breathe in the joy and love of this existence. We are sons and daughters of God. His purposes are to bring us home to Him and be better prepared to be like Him. He wants us to be happy in this life and in the life to come. Men are that they might have joy.

Find joy in all you do. When discouragement and difficulty come into your life, expect this and be joyful, as you know this is part of God's plan and His purposes, and endure it well. Then your joy will be made whole in the work.

We have a mission culture that is very much in line with the culture the First Presidency and the members of the Twelve would expect. Be proud to be a part of a mission such as this. Hold your head high as you realize that you are in a mission that experiences and expects miracles, that understands the principles of obedience and has a vision for accomplishing our purposes. This is a credit to you, the faithful missionaries of the Great Zambia Lusaka Mission.

I expect in the coming weeks we will have less disruption to our proselyting schedules and have more uninterrupted time in our areas. I welcome this time when we can take out some of the "noise" of administration and just simply immerse ourselves more completely into our work.

May the Lord bless us to this end, to have joy and enjoy His gospel is my prayer for you, for us. - President Erickson

Sisters and Elders,

*I loved the mission tour with Elder and Sister Cook. I wish you all could have been in the three zone conferences with President Erickson and me.*

*I learned so much from the repetition. I really appreciated President Erickson talking about the Lord making BARE his arm as we read in 1 Nephi 22:10-11. Your insights and comments added to my testimony of this concept that the Lord is going to work...showing His power...showing Himself to us ... and hastening His work. The amazing part to me is that He invites us to join Him in this incredible work and as we do join Him, He calls us "friends". (D&C 84:77)*

*The discussion Elder Cook led on being converted was powerfully motivating to me. I especially liked the three circles that he drew on the white board. KNOW, FEEL and DO. How closely do your circles - know, feel and do - overlap? If our will is aligned with God's will, wouldn't our three circles look very much like one circle? The process of overcoming the natural man that King Benjamin talks of in Mosiah 3 is lifelong.*

*We need the enabling power of the atonement every day! We need the sanctifying power of the sacrament every week! We need each other's fellowship, love, patience, forgiveness and encouragement.*

*I feel so blessed to be having this mission experience with you all! Isn't it great? We are learning so much together and the bonds of this friendship through Christ will last forever!*

*All my love - Sister Erickson*



LUSAKA ZONE CONFERENCE WITH ELDER & SISTER COOK - 29 January, 2015



**COPPERBELT ZONE CONFERENCE WITH ELDER & SISTER COOK - 27 January, 2015**



**LILONGWE/BANTLYRE ZONE CONFERENCE WITH ELDER & SISTER COOK - 31 January, 2015**

### **CLEAN UP!!!**

Every good cook knows it is easier to clean up the mess as it is being made rather than waiting until the meal is completed before tackling the job. Rinse out bowls as you use them. Put things away when you are finished with them. Remember that everything should have its own place & should be kept in that place. The meal is not completed until all the dishes are washed & put away, the food is properly stored & the kitchen is clean. It is a habit that will benefit you not only on your mission, but one that will continue to benefit you the rest of your life.

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### **HAMBURGER SOUP**

*This is a simple recipe for even a novice chef – just put everything into one pot and don't let it burn!! So easy!! This is a good meal for a cool, rainy day. ENJOY!!*

1 lb. mince meat (hamburger)

1 large can or 6 diced fresh tomatoes

4 large carrots, sliced

1 onion, finely chopped

4 cups water

1 large can tomato juice

4 stalks celery, sliced

2-3 cabbage leaves, shredded

You can add any other vegetable – corn, beans, squash etc. Add salt & pepper, garlic salt, or any other seasoning you would like for extra flavouring.



Cook meat completely. Place meat & the rest of the ingredients into a pot and let it simmer slowly until the vegetables are tender & the soup is flavoursome.

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**GOODBYE TO THESE TWO SISTER MISSIONARIES** - Sister Phahlana got her visa to go to Zimbabwe to finish her mission there.



*Sister Bulha returned home to Mozambique after completing her mission.*

"Make the decision today to act and say, 'Yes, Lord, I will follow Thee!' Simply knowing the truth will not change your world unless you turn knowledge into action."

Elder Eduardo Gavarret



**WELCOME** to the Zambia Lusaka Mission, Elder Ketchum. He is from the Las Vegas area of Nevada (USA) and is serving in Libala (Lusaka) with Elder Ouma. We are glad you are here to help hasten the work of the Lord.

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**POUCH MAIL** – Please remember that only letters and a few photos can be sent via pouch. No jewellery or other trinkets are allowed in those envelopes. Please be sure to follow this guideline or your letters will not be mailed. Thank you!!



2 Elder Dolonga  
2 Elder Dlamini  
8 Elder Blanchard  
8 Elder Beal  
11 Elder Etiang  
12 Elder Motlhaping  
13 Elder Mukisa  
18 Sister Humpherys  
20 Elder Lemperle  
23 Sister Proctor  
24 Sister Fokoto

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## MISSION NEWS

There was a change in the mission presidency leadership. Elder Fisk has been released as the 1<sup>st</sup> counsellor and Elder Beal has now taken on that responsibility. Thank you Elder Fisk for all you have done and continue to do as you and Sister Fisk continue the work in Lilongwe.



As of February 8<sup>th</sup>, the Copperbelt now has two districts - the Kitwe district with

Goodson Kapata as the District President and the Ndola District with Cretus Kapato as the District President. It is exciting to see the Church growing in this part of Africa.



Pres. Kapato and family (Ndola)



Pres. Kapata and his family (Kitwe)

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On March 15<sup>th</sup>, the first Stake in Zambia will be formed. Elder Hamilton of the Africa Southeast Area presidency and Elder Mdletshe, an Area Seventy, will be here to preside over that meeting. This is a monumental event in the Church in Zambia!!

